

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
To Start	Leek and Potato	Chunky Vegetable	Roasted Tomato & Basil	Carrot & Coriander	Creamy Chicken & Sweetcorn	Potato, Spinach & Onion	Chefs soup of the day
Homemade bread	Rustic White Cheese & Onion	Rustic Brown Multi Seed	Rustic White Sunflower & Oat	Rustic Brown Tomato & Basil	Rustic White Olive	Rustic White Rustic Brown	Rustic White Rustic Brown I
Hot & Hearty	Moroccan Lamb Cous Cous with Chick Peas	Grilled Gammon Steak with Pineapple Salsa	Marinated Chicken Served on Ciabatta Bread	Homemade Turkey Meatballs Served with a Sweet Basil Sauce	Battered Fillet of Cod Baked fish fingers Simply Grilled Cod	<b>It's a Wrap</b> Choose from Beef or Chicken with Salad or Salsa & Cheese	<b>Sunday Roast:</b> Roasted Lamb Served with Mint Sauce Or Roast Pork Served with Apple Sauce
Chef's Theatre	Sweet Chilli Chicken Served with Egg Noodles	Homemade Beef Burger Served with Tomato Chutney	Pork Steak Served with Mushroom Sauce	Beef & Mushroom Pie Topped with Short Crust Pastry	Mushroom Ravioli with Fresh Parmesan		
Vegetarian	Spinach & Red Pepper Lasagne	Broccoli & Cheese Enchiladas Served with Chilli Sauce	Stuffed Beef Tomato Served with Provencal Sauce	Vegetable Roulade		Chilli Bean & Cheese Served with Salad & Salsa	Tomato & Goats Cheese Tart
Vegetables and Potatoes	Roasted Garlic & Rosemary New Potatoes Glazed Carrots Minted Peas	Hot Potato Salad Broccoli with Ginger, Bean Sprouts and Bok Choi	Sautéed Potatoes Red Cabbage with Apple Chunky Courgettes	Spicy Parmentier Potatoes Balsamic Aubergines Seasonal Mixed Vegetables	Tossed salad Garden peas Chunky chips	Cajun Jacket Wedges Sliced Green Beans Sliced Carrots	Roasted New Potato Salad Broccoli Honey Roasted Parsnips
Jacket & Pasta Bar	Tomato and Basil  Tuna & Chunky Vegetable	Carbonara Sauce  Spicy Beef & Lentil	BBQ Sausage  Cheese & Herb	Roasted Mixed Pepper & Basil  Bacon & Leek	Chicken Curry  Beef Chilli	Chicken & Leek  Seafood Sauce	Mushroom & Tarragon  Bacon & Mustard
Dessert	Apple Pie Served with Custard	Jam Sponge Served with Custard	Apricot & Sultana Flapjack	Rice Pudding Served with a Selection of Toppings	Chocolate Sponge Served with Chocolate Sauce	Rhubarb Crumble Served with Cream	Chocolate Pots